

Annual Review 2017/2018



how we have done this year



of residents are happy with the care they receive

989/ of relatives WOULD recommend Sheffcare



†*†**†*†

Our staff retention levels are

SIGNIFICANTLY
HIGHER

than the national average.

All of our Homes are **consistently** rated as

GOOD by the CQC

A Warm Welcome to Sheffcare's Annual Review

Last year I began this statement by recalling a report that stated how rare it was for organisations to receive good or excellent rating across all of its services. Once again it is with pride and pleasure that I begin this report by stating that all of Sheffcare's services are rated as good by the external inspection agency The Care Quality Commission. This is a fantastic achievement and a testament to the professionalism of the staff team at all levels in our organisation, but also to the leadership and commitment of the organisation's leadership team. We now chase outstanding ratings!

It is great when regulators recognise the quality of the services that are provided, but this year we continued in our venture with Your Care Survey, a national survey that independently asked residents of our Homes how they felt about the care that we provide. Sheffcare was one of the highest rated providers. The results of this survey are very special to us, as it is our residents who told independent surveyors how they felt about the care we provide.

These two indicators support our own audits and quality assurance mechanism in helping us to believe that we provide excellent care, this is, after all, our purpose. We do, however, look out at a very troubled and fragile social care sector, with many organisations experiencing both financial and quality issues. We welcome the uplift that Sheffield City Council provided this year, we still

feel the sector is chronically underfunded and we awaited the much heralded (but often delayed) green paper that is expected in the Autumn. So we are proud of our achievement, we are doing well, but as we live through troubled times, we are far from complacent.

This year we completed the relocation of our Knowle Hill home to a newly refurbished property close by. The new Knowle Hill is now fully open and is a much better equipped home that provides care for people, some of whom live with dementia. The new home has been a significant acquisition and helps future proof older aspects of our estate. This coming year we also hope to build an extension onto our Midhurst Home, again we anticipate that we will be able to provide additional services for people living with dementia. Both these development fit into our emerging estate strategy.

To conclude, this year has been a good year for Sheffcare, we have, as always, faced many challenges, but with our

dedicated and committed people at all levels in our organisation we have overcome many obstacles and delivered excellent care to our residents.



Dr David Johnson Chair Date 31st July 2018



IN-LIFE Research Project

This year marked the end of our three year research project with our partners at Sheffield University and our European partners in Dublin, Sweden, Slovakia, Greece, Netherlands and Spain.

The **IN-LIFE** project aimed to support and prolong independent living for people living with memory loss. Each of the **IN-LIFE** research sites had a different focus; in Sheffield we looked at supporting conversation and leisure activities.

Many people with memory problems say that they often lack opportunity to engage with enjoyable activities and maintain their social interactions with others.

We explored communication and leisure using a computer program called Computer Interactive Reminiscence and Conversation Aid (CIRCA). This involved a series of options for people to choose music, photos or video which prompted discussion and even dancing and singing on some occasions!

CIRCA was very well received by our residents and staff. The enjoyment and success of the program has resulted in this now being a regular feature in our services.

Making **Memories** Count

This year we have continued to develop and enhance our services for people living with dementia. The prevalence of dementia continues to increase across Sheffield as our population ages. Our services consistently evolve to meet these changing needs.

It is essential to our charity that our residents continue to live meaningful and happy lives. One of the ways we achieve this is through the use of Life Story Work which detail a residents life experiences. The information ranges from basic family information to more detailed life experiences.

Our life experiences are important to us and shape who we are as people. It can at times explain why we behave in certain ways. People living with dementia sometimes need help to explain what is important to their identity

and their lifestyle, Life Story Work helps us to gain a deeper understanding of people who live with us.

In our experience the use of life story work has been positive for residents, families and staff, resulting in the following benefits

- Develop emotional connections
- Building a supportive plan
- Develop supportive relationships

In the coming year we plan to build upon this work and extend it throughout all our services.





I never used to join in activities. I had one to one time with the activity worker and a few weeks later I was joining in with everything.





We are all well looked after, the staff are smashing and nothing is too much trouble.
(The activities coordinator) is great. I enjoy the parties and the garden is lovely.

Everything is good about this home.
Staff are very welcoming.







My parent has no worries but I would be happy to talk to any of the team leaders or managers. They are so approachable.

The staff don't just care for my relative, they care for my family. They support us as well.





The staff are very well trained, they show respect to everybody and they love the residents.











I really love working here. We have time to care and spend time with residents.





I feel appreciated from everyone, it's like working with your family. You really get to know the residents and their relatives.

It's hard work but knowing I make a difference to people's lives makes it all worthwhile. I go home happy.



How we spend each £10



£0.80 Premises - Building and maintenance costs



£0.41 Managing the business -Office costs



£8.71 Care and comfort





Income and expenditure 2017/18

| | Unrestricted funds 2018 € | Restricted funds 2018 | Total funds 2018 £ | Total funds 2017 £ |
|---|---------------------------|-----------------------|-----------------------------|-----------------------------|
| Income from: Donations and legacies | 86 | 25,786 | 25,872 | 29,103 |
| Charitable activities Investments | 10,448,885 | 27,042 | 10,475,927 | 10,000,023 |
| Total income | 10,450,335 | 52,828 | 10,503,163 | 10,032,325 |
| Expenditure on: Raising funds Charitable activities | 15,615 9,967,564 | 44,643 | 15,615 10,012,207 | 20,200 9,242,236 |
| Total expenditure | 9,983,179 | 44,643 | 10,027,822 | 9,262,436 |
| Net income before other recognised gains and losses Actuarial losses on defined benefit pension schemes | 467,156 1,379,000 | 8,185 | 475,341 1,379,000 | 769,889 |
| Net movement in funds | 1,846,156 | 8,185 | 1,854,341 | (415,111) |
| Reconciliation of funds: Total funds brought forward | 1,319,434 | 130,145 | 1,449,579 | 1,864,690 |
| Total funds carried forward | 3,165,590 | 138,330 | 3,303,920 | 1,449,579 |

Our Residential Home and Day Care Centres

Burnt Tree Croft 190 St Philips Rd S3 7JY 0114 275 7873

- Castelayn 2 Leighton Drive \$14 1ST 0114 239 8429
- Cotleigh
 31 Four Wells Drive
 \$12 4JB
 0114 263 3800
- Deerlands48 Margetson RoadS5 9LS0114 221 3258
- 5 Grange Crescent 47 Grange Crescent \$11 8AY 0114 255 5539

Housteads
1 Richmond Park Grove
\$13 8HX
0114 269 2469

Hillsborough

Stannington

- Knowle Hill High Street \$20 1 HE 0114 221 3249
- Midhurst Road 21 Midhurst Road S6 1EY 0114 285 5345



- Paddock Hill 625 Gleadless Road S2 2BT 0114 239 1449
- Springwood611 Herries RoadS5 8TN0114 232 5472

Sheffcare values

Care will be delivered with compassion, dignity and respect, putting the person at the very heart of care delivery.

We ensure our care is safe, effective, individualised and is continually monitored and improved to meet new standards.

We actively value the contribution of all our staff and volunteers through recognition, training and development.

Tel: 0114 280 88888 www.sheffcare.co.uk

Springwood House, 192 Penrith Road, Sheffield, S5 8UG







